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Namaste and Happy Dashain!

Fall is in the air!!!

While it's been busier than ever with the new school semester and workers everywhere heading back to the office, we have been busy too! We've hosted soccer camps and tournaments, virtual Dashain celebrations, taken time to celebrate our nominated volunteers and to protect our community from the COVID-19 virus.

Read on to learn more about what our Committees have been doing!

Culture and Youth Committee Collab!



The committees are planning a **virtual celebration for Dashain and Tihar** because DELTA won't stop us from having fun! While being responsible and keeping everyone's safety in mind, they have decided to celebrate these festivals of kites and lights by **showcasing talents** right here among us!

Keep an eye out for the **Facebook Watch Party** to behold the exceptional individuals in our community. Stay tuned for the Tihar Celebration details soon to be determined.

We all hope that we can celebrate Dashain and Tihar in person next year (fingers crossed).

Health and Sports Committee Collab!



Aside from being **active in our social media** sharing COVID awareness messages to further their **#corona_bhagau** campaign, the Health Committee has been making special appearances in the events organized by the Sports committee.

Youth Soccer Camp was successful with **over 41 young participants (weekly average)**, and it ran for **three months!** We felt the camaraderie among the kids, parents, and coaches as we saw the smiling faces of everyone participating.

On the last day of the event, the Health Committee celebrated the last hoorah by making little **Back-to-School giveaways** and quizzing the kiddos about the **tips to keep themselves safe** while attending school in person this year. We also had the parents in attendance fill out surveys in an effort to collect data on the vaccination status our community is in!

*More about **the Dashain Cup Tournament 2021** in our upcoming newsletter, so watch out for that!*

Inaugural Soccer Camp :
By Numbers

62
Campers: 23F, 39M | 47
Registered, 15 Add-on's |
3 to 16 year olds

17
Volunteer Soccer
Coaches (2F, 15M)

14
Sunday Sessions (On
Average: 35 Campers &
6 Coaches attended per
session)

44
Maximum # of Campers
on July 11th

20
Least # of Campers on
June 27th & Aug 15th

\$78.90
Average Parent
Donations. Total \$1578



Health Committee Highlights!

Along with their collaborations, the Health Committee has inducted incredible volunteers as Community Ambassadors. They are all ready to be of service for the NEYPVAL project and other health-related efforts. The team has at least 20 community

ambassadors as of right now! We are excited to see future collaborations and the impact each volunteer will be making in our community!

Thank You, Himalayan Java Coffee for letting us host a wonderful informal get-together!

We want to also bring your attention to their efforts towards **Mental Health Awareness** now exasperated by the pandemic. After much mindful discussion, our Mental Health Team **created a detailed survey** assessing the mental health of our community members. The survey will act as a launching point for us to talk about Mental health in our community and lessen the stigma surrounding it.

*We are excited to announce that they will be hosting a **webinar** from the feedback received to address the needs and gaps needed to improve the wellbeing of our community. **Coming soon so, stay tuned!***

For the past several months, NEYPVAL Team **has been creative** in **disseminating information around COVID** on our social media platforms. They have been conducting **interviews** with influential community members, creating **comic strips, informational flyers, a lot of videos**, in efforts to debunk myths and misinformation.



*If you haven't already, go over to our **social media** and see what we've been creating! **Linked below!***



Dhanyabad!

Stay Safe while Celebrating Dashain!

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